

Ephesians 6:10-24

1. Read Ephesians 6:10-17.
2. Do you recognise the spiritual battle described here.
3. To help us win the battle, God has provided a full set of armour (verses 13-17) In what ways might we use the six pieces mentioned?
4. Do you find the idea of using any of these pieces of armour difficult? If so, why?
5. Are you comfortable with 'battle' language?
6. Read Ephesians 6:18-20.
7. How does prayer help us to fight spiritual battles? (verse 18).
8. What did Paul want his readers to pray about for him? (verses 19-20).
9. In what way are these prayer requests relevant for us today?
10. Read Ephesians 6:21-24.
11. This passage ends with a message of peace, the peace that comes from loving God.

Can you describe a time when God has helped you overcome a spiritual battle, and how you have then experienced God's peace?